



Chronic Disease Self-Management Education Program Group Leader Script

Read the following statement to participants prior to their completion of the Participant Information Survey:

- This workshop is made possible by a grant from the U.S. Administration for Community Living (ACL) with funding by the Prevention and Public Health Fund and supported by the Middle Alabama Area Agency on Aging.
- We would like to give you a two-page Participant Information Survey from ACL and Health Survey from M4A.
- However, please know that your information is very valuable to us. We use it to learn who is being reached by this program and how to improve our services for others like you. It also helps our funding agencies show that they are spending their money wisely.
- Before we can share your information with ACL and its database contractor, the National Council on Aging, PPHD, and M4A, we want to explain how your information will be used and protected.
- Completing the Survey is entirely voluntary. You can skip certain questions or choose not to complete the Survey at all. If you decide not to complete the Survey, you can still participate in this program.
- At the top of the Survey, we ask for a participant ID. We will use this ID to match your information to an Attendance Log to track how many times you attend a class. We do not share your participant ID with anyone else.
- We follow very strict rules to protect all of your information and to keep it private. We will maintain these paper forms securely, following standard practices for protecting private data. After a trained person enters your information into a secure online database, we will destroy the paper forms.
- We will also provide you a consent form to participate in M4A's follow-up health surveys which collect data on health outcomes of CDSMP participants. Signing the consent form gives permission for a volunteer to contact you to complete the follow-up surveys at 3 months and 6 months post workshop. The information provided in these surveys is valuable to M4A and its partners; however, your participation is completely voluntary.
- Please take time now to read the Surveys.
- You may ask us to explain any questions that you find confusing.